

# ***THE DOMINO EFFECT***

**Continuous Electronic Fetal  
Heart Rate Monitoring  
(EFM)**

**Inactivity & Immobility due  
to use of EFM & I.V. fluids**

**Increased Anxiety  
“Fear-Tension-Pain  
Syndrome”**

**False-Positive  
Monitor  
Readings**

**Slowed  
Labor**

**Artificial Rupture of  
Membranes**

**Pitocin Drip I.V.**

**Increased Pain**

**Pain Medication or Epidural**

**Abnormal Fetal Heart Rate Patterns**

**Use of Forceps and/or  
Vacuum Extractor**

**Cesarean Section**

